

SAVE on NEUPRO®
(rotigotine transdermal system)

Eligible commercial patients may pay as little as \$10 per 30-day supply of NEUPRO.*

*See full eligibility terms and conditions at www.NEUPROPD.com.

Start Saving Today at
www.NEUPROPD.com

1-844-599-CARE (2273)

Have a question or concern about using NEUPRO® (rotigotine transdermal system)?

Nurse support is available 24/7, free of charge. The ucbCARES team of healthcare professionals and customer care specialists is ready to help.

This information does not take the place of talking with your healthcare provider about your condition or your treatment.

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NEUPRO® (rotigotine transdermal system) is a prescription medicine used to treat Parkinson's disease.

Your Guide to Getting Started

Learn how to use the NEUPRO Patch.

Please see the Important Safety Information at the back of this pamphlet.

Get nurse support at 1-844-599-CARE (2273)

Have a question or concern about using NEUPRO® (rotigotine transdermal system)? Speak to a nurse trained in Parkinson's at ucbCARES.

Nurse support is available 24/7, free of charge. ucbCARES is a team of knowledgeable and experienced healthcare professionals (nurses and pharmacists) and customer care specialists, ready to help you.

On the First Day: Getting Started on the Patch

What do I need to know about using the NEUPRO Patch on a daily basis?

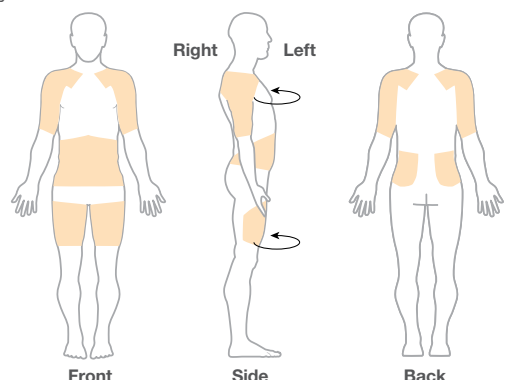
Applying the NEUPRO Patch

Before applying the patch, please read the Patient Information and Instructions for Use provided with your NEUPRO prescription or on NEUPROPD.com.

When to apply NEUPRO:

Each NEUPRO Patch is sealed in a pouch that protects it until you are ready to apply it.

- NEUPRO should be applied right away after removing it from the protective pouch. **Do not** damage or cut your NEUPRO Patch into smaller pieces.
- Choose the time of day or night that works best for you to apply your NEUPRO Patch. Apply your NEUPRO Patch at the same time each day.
- Wear your NEUPRO Patch for 24 hours.
- After 24 hours, remove your NEUPRO Patch and apply a new one right away to a different area of your skin.



Where to apply NEUPRO:

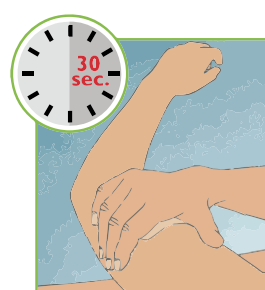
- Choose an area of clean, dry, and healthy skin on the stomach, thigh, hip, side of the body between the ribs and the pelvis (flank), shoulder, or upper arm.
- Apply your NEUPRO Patch to a different place on your skin each day, for example, from the right side to the left side and from the upper body to the lower body. Your NEUPRO Patch should not be applied to the same area of your skin more than 1 time every 14 days. Apply NEUPRO to a different area of skin each day to reduce the chance of getting skin irritation.
- If you need to apply your NEUPRO Patch to a hairy area, the area should be shaved at least 3 days before applying the patch.
- Avoid applying your NEUPRO Patch to areas where it could be rubbed by tight clothing or under a waistband.
- Avoid applying your NEUPRO Patch on skin folds.
- **Do not** apply your NEUPRO Patch to skin that is red, irritated, or injured.
- Avoid applying creams, lotions, ointments, oils, and powders to the skin area where your NEUPRO Patch will be placed.

Learn more and watch the how-to-apply video at www.NEUPROPD.com

Application Tips

Hand Pressure + 30 Seconds

Do not apply the patch in the same place more than once every 14 days.



Press the patch firmly with the palm of your hand for **30** seconds to make sure there is good contact with your skin, especially around the edges.

The warmth of your hand helps the adhesive on the patch stick to your skin. Make sure the patch is flat against your skin. There should be no bumps or folds.

Wash your hands with soap and water right after handling the patch. **Do not** touch your eyes until after you have washed your hands.

"My physician has told me I can think of my body as a clock. I should change the patch site clockwise."

Common Application Questions



What if my NEUPRO Patch falls off?

If your patch falls off, put on a fresh patch until the time you usually change your patch. Then put a new patch on a different part of your skin at your regular scheduled time. If the edges of the patch lift, you may tape them down with bandaging tape.



Can I get my NEUPRO Patch wet?

Yes. You can bathe, shower, or swim while wearing the NEUPRO Patch. However, water may loosen your patch. Avoid hot baths, as the heat may cause too much medicine to pass through the skin.

Do I have to apply my NEUPRO Patch around mealtime?

No. Apply your patch when it's convenient for you, and apply it at the same time each day. Because NEUPRO is delivered through the skin, food should not affect the medication.



What should I avoid while using NEUPRO?

Do not drive, operate machinery, or do other dangerous activities until you know how NEUPRO affects you.

Avoid exposing the NEUPRO Patch you are wearing to heating pads, electric blankets, heat lamps, saunas, hot tubs, heated water beds, and direct sunlight. Too much medicine could be absorbed into your body.



Do not use NEUPRO during certain medical procedures called magnetic resonance imaging (MRI) or cardioversion. Using NEUPRO during these procedures could cause a burn to the site where you applied your NEUPRO Patch.

During the First Week: Beyond the Patch

What else, besides taking medicines, could I be doing to manage my well-being?

Everyday Choices for Better Health

The information provided here is for general informational purposes only and is not intended or recommended as a substitute for professional medical advice. Always seek the advice of your doctor or another qualified healthcare provider regarding any medical condition or treatment.

A holistic approach to wellness



For many, a primary goal of living with Parkinson's disease (PD) is to increase the amount of time when your medicine is working, your symptoms are under control, and you can focus on the things that are important to you—your work, family, relationships, interests, and activities. The choices you make every day can help promote your overall health.

Exercise and Activity

It makes sense that taking on Parkinson's may require some training. Following a regular program of physical exercise has been shown to help people with Parkinson's control their motor symptoms better—and longer.



Among the exercises used by people living with PD are:

- Balance training
- Resistance exercise
- Tai chi
- Stretching
- Walking on a treadmill



Other benefits of exercise for people with Parkinson's may include:

- Improving digestion
- Improving balance (potentially reducing falls)
- Improving posture (particularly tai chi)
- Improving muscle strength
- Improving the ability to perform some daily activities
- Improving flexibility
- Improving reach
- Increasing walking speed

Be sure to talk to your doctor before starting a new exercise program. He or she may have some specific recommendations for you, based on your complete medical history.

Diet and Nutrition

Although there's no "Parkinson's diet," eating nutritionally balanced meals, including plenty of fresh fruits and vegetables, can contribute to your general health.

So can maintaining a healthy weight. Following general healthy eating guidelines can help you stay strong to face the challenges of living with PD.

Your nutritional concerns may change over time, so it's a good idea to ask for guidance from your doctor or to get a referral to a nutritionist. This can be particularly important if you're having trouble

maintaining your normal weight. In addition to following a healthy, balanced diet, there are some specific things you can do to help with certain Parkinson's symptoms.

In the table below are some examples of foods that may cause specific problems for some people with PD. Your doctor or nutritionist can give you more information tailored to your specific needs.

You may want to limit or avoid...

Meat, chicken, shellfish, red meat, liver, and dairy products

...because

Protein in these foods may interfere with the absorption of certain medications

Lentils, dry beans, chickpeas, and nuts

Protein in these foods may interfere with the absorption of certain medications

Tomatoes and tomato sauce
Citrus fruits
Coffee, tea, and cola
Alcohol
Garlic
Chocolate

These foods may trigger acid reflux or make it worse

Indication

NEUPRO is a prescription medicine used to treat Parkinson's disease.

Important Safety Information

NEUPRO contains a sulfite called sodium metabisulfite. Sulfites can cause severe allergic reactions that are life threatening to some people who are sensitive to sulfites. People with asthma are more sensitive to sulfites. Remove the patch right away and call your doctor if you have swelling of the lips or tongue, chest pain, or trouble breathing or swallowing.

NEUPRO may make you fall asleep suddenly or without warning while doing normal activities, such as driving, which may result in accidents. Tell your doctor right away if this happens. Drinking alcohol or taking other medicines that cause drowsiness may increase your chances of becoming sleepy while using NEUPRO. Do not drive, use hazardous machinery, or do other dangerous activities until you know how NEUPRO affects you.

NEUPRO can cause or worsen psychotic symptoms including hallucinations (seeing or hearing things that are not real), confusion, excessive suspicion, aggressive behavior, agitation, delusional beliefs (believing things that are not real), and disorganized thinking. The chances of having hallucinations or these other psychotic-like changes are higher in people with Parkinson's disease who are elderly, taking NEUPRO, or taking higher doses of NEUPRO. If you have any of these problems, talk to your doctor.

NEUPRO can cause decreases in blood pressure, especially when you start or increase your dose. Increases in blood pressure and heart rate, fainting, weight gain, and fluid retention also can occur. If you faint or feel dizzy, nauseated, or sweaty when you stand up from sitting or lying down, or have an unusually fast increase in weight, swelling, or fluid retention, especially in the ankles or legs, tell your doctor.

Some patients using NEUPRO get urges to behave in a way that is unusual for them, such as unusual urges to gamble, strong urges to spend money, binge eating, or increased sexual urges and behaviors. Some patients may want to use more NEUPRO than prescribed for their symptoms (dopamine dysregulation syndrome). If you or your family notices you are developing any unusual behaviors, talk to your doctor.

NEUPRO may cause uncontrolled, sudden movements or make such movements you already have worse or more frequent if you have Parkinson's disease, which may mean that your anti-Parkinson's medicine needs to be changed.

Skin reactions may occur at the site where you apply NEUPRO. Tell your doctor if you get a rash, redness, swelling, or itching that will not go away.

Avoid exposing the NEUPRO patch you are wearing to heating pads, electric blankets, heat lamps, saunas, hot tubs, heated water beds, and direct sunlight. Too much medicine could be absorbed into your body. Also, do not wear NEUPRO during medical procedures called magnetic resonance imaging (MRI) or cardioversion because this could cause skin burns.

Do not stop using NEUPRO without talking to your doctor first. If your doctor tells you to stop using NEUPRO, you should ask your doctor for specific instructions on how to slowly and safely discontinue using NEUPRO. If you stop using NEUPRO, you may have withdrawal symptoms such as fever, confusion, severe muscle stiffness, feeling like you do not care about the things you usually care about (apathy), anxiety, depression, fatigue, insomnia, sweating and pain.

Tell your doctor if you have breathing problems, a sleep disorder, mental problems, high or low blood pressure, or heart problems; are pregnant or plan to become pregnant; or are breastfeeding or plan to breastfeed. NEUPRO may not be right for you.

The most common side effects in people taking NEUPRO for Parkinson's disease are nausea, vomiting, sleepiness, application site reactions, dizziness, loss of appetite, difficulty falling asleep and staying asleep, increased sweating, vision problems, leg swelling, and uncontrolled, sudden movements of the arms or legs.

These are not all the possible side effects of NEUPRO. For more information, ask your doctor or pharmacist.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088. You may also report side effects to UCB, Inc. at [ucbCARES®](mailto:ucbCARES@ucb.com) (1-844-599-2273).

Please see accompanying Patient Information about the NEUPRO Patch. This information does not take the place of talking with your healthcare provider about your condition or treatment.



Get nurse support at 1-844-599-CARE (2273)

Have a question or concern about using NEUPRO® (rotigotine transdermal system)? Speak to a nurse trained in Parkinson's at ucbCARES.

Nurse support is available 24/7, free of charge. ucbCARES is a team of knowledgeable and experienced healthcare professionals (nurses and pharmacists) and customer care specialists, ready to help you.



Inspired by patients. Driven by science.

First Month: What to Watch for While on NEUPRO

What are some of the most common concerns and how can I manage them?

Side Effects

NEUPRO can cause serious side effects. Please see the Important Safety Information above.

The most common side effects of NEUPRO for Parkinson's disease are:

- Nausea
- Vomiting
- Sleepiness
- Application site reactions
- Dizziness
- Loss of appetite
- Difficulty falling asleep and staying asleep
- Increased sweating
- Vision problems

- Leg swelling
- Uncontrolled, sudden movements of arms or legs

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of NEUPRO. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Managing Possible Skin Reactions

Skin reactions may occur at the site where you apply NEUPRO.

In some cases, patients using the NEUPRO Patch experienced localized redness, swelling, or itching where the patch was applied.

Rotating the application site daily can reduce the chance of skin reactions.

If you have skin that is red, irritated, or injured, do not apply the patch to that area of the skin.

If there is a skin rash or irritation from the patch, direct sunlight on the area should be avoided until the skin heals. Exposure could lead to changes in skin color.

If you have a skin reaction

Be sure to talk to your doctor about any skin reactions you may experience so you can find ways to manage them.

You should pay particular attention to any skin reaction that:

- Becomes worse
- Spreads beyond the patch area
- Lasts more than a few days
- Appears on body areas other than the patch site

Tell your doctor if you get a rash, redness, swelling, or itching that will not go away at the skin site where you applied NEUPRO. **Do not** stop or change your treatment with NEUPRO without talking to your doctor.



To reduce your risk of skin irritation, be sure to choose a different place to apply your patch every day.

Second Month: Understanding How NEUPRO May Work for You

How do I know if NEUPRO is working for me?

Finding the Right Dose for You

NEUPRO® (rotigotine transdermal system) is a small, thin, flesh-colored patch that comes in 4 dosing strengths for Parkinson's disease (PD): 2 mg, 4 mg, 6 mg, and 8 mg.

Your doctor should start you on a low dose of NEUPRO. Your doctor will change the dose weekly until you are taking the right amount of medicine to control your symptoms. It may take several

weeks before you reach the dose that controls your symptoms best.

Use NEUPRO exactly as your doctor tells you to use it.

Talk to your doctor often about your condition. **Do not** stop or change your treatment with NEUPRO without talking with your doctor.



Once-Daily Dose Lasts 24 Hours

NEUPRO provides stable, continuous delivery, 24 hours a day, so you get a consistent level of medication throughout the day.



The NEUPRO Patch offers once-daily dosing. Simply choose the time of day that works best for you and apply the patch at the same time each day.

The medication in the NEUPRO Patch does not go through your digestive system, so food won't interfere with how it works and there is no need to schedule NEUPRO around meals.

NEUPRO can cause nausea, vomiting, indigestion, or upset stomach, which may occur more frequently when you first start using the patch.

Skin reactions may occur at the site where you apply NEUPRO. Tell your doctor if you get a rash, redness, swelling, or itching that will not go away.

How Does NEUPRO Work?

The NEUPRO Patch is the first and only Parkinson's "patch" you wear on your skin. The NEUPRO Patch delivers the dopamine agonist rotigotine through the skin, directly into the bloodstream. It releases the medicine 24 hours a day, providing stable, continuous delivery of medication.

It is believed that dopamine agonists work by stimulating dopamine receptors in the brain; however, the exact way NEUPRO treats PD is unknown.

Do not use NEUPRO if you are allergic to rotigotine or any of the other ingredients in the patch.



To learn more about how NEUPRO works, visit www.NEUPROPD.com

UCB's Commitment to PD

For more information and resources visit askucbcares.com

What is PD?

Parkinson's disease (PD) is a chronic and progressive disease of the central nervous system, meaning the symptoms will continue and worsen over time.



It is estimated that approximately 60,000 Americans are diagnosed with PD each year.

The disease is sometimes called idiopathic Parkinson's, because the exact cause is not known. However, many Parkinson's symptoms are believed to result from a lack of dopamine, one of the brain's chemical messengers. Without enough dopamine, the neurons (nerve cells in the brain) that control movement can't function properly. This makes it difficult for people with Parkinson's to move normally. Symptoms may vary from person to person.

Get the Support You Need

Have questions about living with PD? UCB can provide helpful information and support via a number of resources, such as:



Patient Assistance Program

If you have questions or concerns about prescription coverage, sign up to see if you qualify for help.



ucbCARES

Our team of PD healthcare experts and customer care specialists are ready to help you 24/7. Call 1-844-599-CARE (2273).

Other helpful resources*

American Parkinson Disease Association Inc.
www.apdaparkinson.org

The Michael J. Fox Foundation for Parkinson's Research
www.michaeljfox.org

Parkinson's Foundation
www.parkinson.org

*UCB is not responsible for the content or services of these sites or any further links from these sites.

UCB's Commitment to a Cure

UCB is dedicated to finding a cure for PD and helping the lives of patients and their caregivers through ucbCARES.

The ucbCARES team is reminded daily of the struggles and challenges individuals living with Parkinson's disease face. We are driven by a desire to focus on the whole patient and identify solutions that allow us to provide an exceptional caring experience.